# AGE GUIDE FOR SWIMMING LESSONS

## PARENT & TOT

For children a 6 months - 2 years old, and their parent

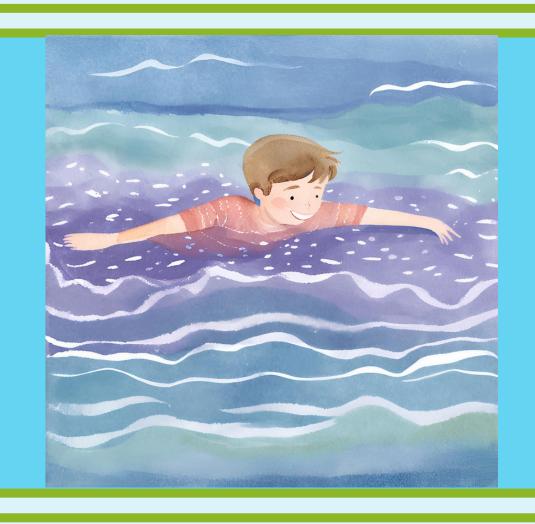


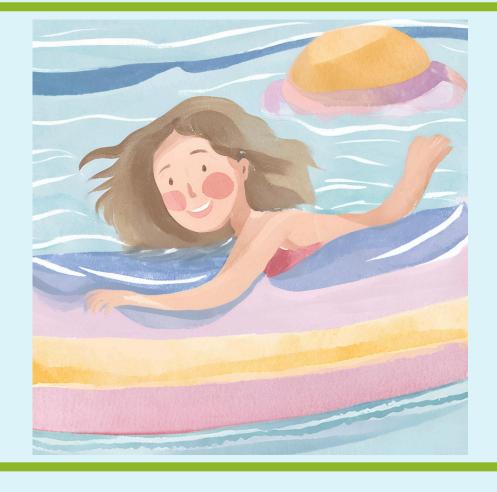
#### PRESCHOOL 1-5

For children 3-5 years old

## **SWIMMING 1-6**

For children 6 - 12 years old





#### OLDER?

If older than 12, talk to staff about private/advanced lesson options